

# Whispering Knoll Memory Care Community Calendar

## October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:30 Breakfast Time 10:30 "Morning Music" 11:15 Word Games 12:15 Lunch Bunch 1:45 Ball Toss! 3:30 "Afternoon Courtyard Walk!" - Cy 5:00 Dinner Time 6:30 Lawrence Welk</p>	<p>2</p> <p>9:30 Breakfast Time! 10:30 "Mind Joggers!" 11:15 Ipod Therapy! 12:15 Lunch Bunch 1:45 Cinema Movie! - GR 3:00 One to Ones! 4:00 The Sounds of Frank Sinatra! 5:00 Dinner Time 6:30 Music &amp; Memories</p>	<p>3</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 Name That Tune! 12:15 Lunch Bunch 1:00 "Foot &amp; Leg Massages w/ Cheryl CMT, LMT!" - GR 1:30 "Singercise w/ Doreen!" 3:15 Relaxation Therapy 5:00 Dinner Prep/ 6:30 Music &amp; Memories</p> 	<p>4</p> <p>9:15 One to Ones! 9:30 Breakfast Time! 10:30 "Strength Training" - GR 11:15 "Music Appreciation w/ Sandra Frank!" 12:15 Lunch Bunch 1:45 Bingo Fun! - GR 3:15 "Aroma Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time / 6:30 Music &amp; Memories</p>	<p>5</p> <p>9:30 Breakfast Time! 10:30 Fall Decorating!"  12:15 Lunch Bunch 1:45 "The Blank Game!" - GR 3:00 One to Ones! 3:30 Harp Therapy w/ Norine! 5:00 Dinner Time! 6:30 Music &amp; Memories</p>	<p>6</p> <p>9:30 Breakfast Time! 10:30 Catholic Services - S1 11:30 "Lunch Trip to Charlie Brown's!" 12:15 Lunch Bunch 2:00 Card Games! 4:00 Lawrence Welk 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>7</p> <p>9:30 Breakfast Time 10:30 Creative Writing w/ Denise "Halloween Memories!" 11:30 Protestant Services - GR 12:15 Lunch Bunch 2:00 "Afternoon Cinema!" 3:30 Afternoon Courtyard Walks! - Cy 5:00 Dinner Time / 6:30 Night Music!</p>
<p>8</p> <p>9:30 Breakfast Time 10:30 "Morning Music" 11:15 Word Games 12:15 Lunch Bunch 1:45 Bingo Fun! - GR 3:30 "Afternoon Courtyard Walk!" - Cy 5:00 Dinner Time 6:30 Lawrence Welk</p>	<p>9</p> <p><b>Columbus Day!</b> 9:30 Breakfast Time! 10:30 "St. Helena's Church" Catholic Mass - S1  12:15 Lunch Bunch 2:00 "Remembering Christopher Columbus!" 3:30 The Sounds of Frank Sinatra! 5:00 Dinner Time / 6:30 Music &amp; Memories</p>	<p>10</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 Quotable Quotes! 12:15 Lunch Bunch 1:45 "Halloween Crafts!" - GR 3:15 Relaxation Therapy 5:00 Dinner Prep/ 6:30 Music &amp; Memories</p>	<p>11</p> <p>9:15 One to Ones! 9:30 Breakfast Time! 10:30 "Strength Training" - GR 11:15 "Poetry through Lyrics w/ Sandra Frank!" - GR 12:15 Lunch Bunch 1:45 Bingo Fun! - GR 3:15 "Aroma Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time / 6:30 Music &amp; Memories</p>	<p>12</p> <p>9:30 Breakfast Time! 10:30 Pokemo Fun! - GR 12:15 Lunch Bunch 1:45 "Spooky Cinema!" - GR 3:00 One to Ones! 3:30 Harp Therapy w/ Norine! 5:00 Dinner Time! 6:30 Lawrence Welk</p> 	<p>13</p> <p>9:30 Breakfast Time! 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:30 Scenic Drive! 2:15 Word Game Fun! 4:00 Lawrence Welk 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>14</p> <p>9:30 Breakfast Time 10:30 Music &amp; Memories! 12:15 Lunch Bunch 1:45 "Piano Styles of Shelly Horn!" 3:30 Afternoon Courtyard Walks! - Cy 5:00 Dinner Time / 6:30 Night Music!</p>
<p>15</p> <p>9:30 Breakfast Time 10:30 "Morning Music" 11:15 Word Games 12:15 Lunch Bunch 1:45 Ball Toss! 3:30 "Afternoon Courtyard Walk!" - Cy 5:00 Dinner Time 6:30 Lawrence Welk</p>	<p>16</p> <p>9:30 Breakfast Time! 10:30 "Mind Joggers!" 11:15 Ipod Therapy! 12:15 Lunch Bunch 2:00 Football! 3:00 One to Ones! 4:00 The Sounds of Frank Sinatra! 5:00 Dinner Time 6:30 Music &amp; Memories</p>	<p>17</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 Riddles! 12:15 Lunch Bunch 1:30 Chinese Checkers! - GR 1:45 "Candy Making!" - K 3:15 Relaxation Therapy 5:00 Dinner Prep/ 6:30 Music &amp; Memories</p>	<p>18</p> <p>9:15 One to Ones! 9:30 Breakfast Time! 10:30 "Strength Training" - GR 11:15 "Art Program w/ Sandra Frank!" - GR 12:15 Lunch Bunch 1:45 Bingo Fun! - GR 3:15 "Aroma Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time / 6:30 Music &amp; Memories</p>	<p>19</p> <p>9:30 Breakfast Time! 10:30 Pizza Making! - Kitchen  10:30 Pokemo Fun! - GR 12:15 Lunch Bunch 1:45 John Gee Accordion!  3:00 One to Ones! 3:30 Harp Therapy w/ Norine! 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>20</p> <p>9:30 Breakfast Time! 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:30 "Trip to Pumpkin Farm/ Cheesequake Farms!"  2:15 Storytelling! 3:30 Afternoon Music 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>21</p> <p>9:30 Breakfast Time 10:30 Music &amp; Memories! 11:30 Protestant Services - GR 12:15 Lunch Bunch 2:00 "Afternoon Cinema!" 3:30 Afternoon Courtyard Walks! - Cy 5:00 Dinner Time / 6:30 Night Music!</p>
<p>22</p> <p>9:30 Breakfast Time 10:30 "Morning Music" 11:15 Word Games 12:15 Lunch Bunch 1:45 Bingo Fun! - GR 3:30 "Afternoon Courtyard Walk!" - Cy 5:00 Dinner Time 6:30 Lawrence Welk</p> 	<p>23</p> <p>9:30 Breakfast Time! 10:30 "Mind Joggers!" 11:15 Ipod Therapy! 12:15 Lunch Bunch 2:00 Basketball 3:00 One to Ones! 4:00 The Sounds of Frank Sinatra! 5:00 Dinner Time 6:30 Music &amp; Memories</p>	<p>24</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!"  11:15 "Pumpkin Painting!" 12:15 Lunch Bunch 1:00 "Foot &amp; Leg Massages w/ Cheryl CMT, LMT!" - GR 1:30 Ipod Therapy 3:15 Relaxation Therapy 5:00 Dinner Prep/ 6:30 Music &amp; Memories</p>	<p>25</p> <p>9:15 One to Ones! 9:30 Breakfast Time! 10:30 "Strength Training" - GR 11:15 "Music Appreciation w/ Sandra Frank!" 12:15 Lunch Bunch 1:45 Bingo Fun! - GR 3:15 "Aroma Therapy!" 4:00 "Lawrence Welk!" 5:00 Dinner Time / 6:30 Music &amp; Memories</p>	<p>26</p> <p>9:30 Breakfast Time! 10:30 Pokemo Fun! - GR 12:15 Lunch Bunch 2:00 "Spooky Stories!" - GR  3:00 One to Ones! 3:30 Harp Therapy w/ Norine! 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>27</p> <p>9:30 Breakfast Time! 10:30 Catholic Services - S1 12:15 Lunch Bunch 2:15 "Unlock The Memories!" 3:30 Afternoon Music 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>28</p> <p>9:30 Breakfast Time 10:30 Music &amp; Memories! 12:15 Lunch Bunch 1:45 "Piano Styles of Shelly Horn!" 3:30 Afternoon Courtyard Walks! - Cy 5:00 Dinner Time / 6:30 Night Music!</p>
<p>29</p> <p>9:30 Breakfast Time 10:30 "Morning Music" 11:15 Word Games 12:15 Lunch Bunch 1:45 Ball Toss! 2:00 "Visit from St Stephen's Orthodox Church Sunday School!"  3:30 "Afternoon Courtyard Walk!" - Cy 5:00 Dinner Time 6:30 Lawrence Welk</p>	<p>30</p> <p>9:30 Breakfast Time! 10:30 "Mind Joggers!" 11:15 Ipod Therapy! 12:15 Lunch Bunch 1:45 "Spooky Cinema!"  3:00 One to Ones! 4:00 The Sounds of Frank Sinatra! 5:00 Dinner Time 6:30 Music &amp; Memories</p>	<p>31</p> <p><b>Halloween!</b>  9:30 Breakfast Time 10:30 Morning Music! 11:00 "Halloween Bash w/ Rick Salucci!" 12:15 Lunch Bunch 2:00 "Halloween Treats!" 3:30 Afternoon Courtyard Walks! - Cy 5:00 Dinner Time 6:30 Night Music!</p> 	<p><b>All activities are subject to change!</b></p>			<p><b>All outings are weather permitting!</b></p> 